



c/o ANU Sport Building 19
North Road, ACTON ACT 2601

contact@anufc.org.au
ABN: 14 338 276 791

facebook.com/anufc

ANU Football Club

Return to Play Action Plan

Stage 4

Last Updated: 08/02/2021 08:00 am

Table of Contents

Introduction	2
Sanctions	2
Training and Competitive Game Rules	3
Training Times	4
Training and Game Venues	4
Accessing O'Connor 2 Oval	5
Accessing O'Connor 2 Oval	6
Accessing Willows Oval	6
Accessing Lyneham 2 Oval	7
Accessing Hawker Football Centre	7
Accessing Fellows Oval	8
Hygiene Management	8
Behaviour Management	9
Miscellaneous	10
Resources	10

Introduction

The ANU Football Club has a responsibility to protect not just the ANU football community, but the broader ANU and ACT communities, and to assist in preventing any outbreaks of COVID-19 where possible. We as a football community, including players, coaches and volunteers must all play a role if we are to help slow the spread of COVID-19.

The resumption of ANU Football Club activities is subject to the provisions of the ACT Government, ACT Health and ANU Sport. The ANU Football Club is required to comply with the public health advice. This plan sets out the conditions under which players, coaches and officials of ANU Football Club will re-engage with training and games, compliant with the conditions set out by ANU Sport, Capital Football and the ACT Government.

The club trusts its members to do the right thing and make sensible choices. We expect you to strictly adhere to all the requirements outlined in this report.

Sanctions

Potential sanctions imposed by the club for not adhering to these rules include:

- individual suspension from training,
- team suspension from training,
- membership cancellation; and
- team removal from Capital Football competitions.

Other potential sanctions that may be imposed by ANU Sport include:

- cancellation of all future bookings;
- suspension of ANU Sport membership;
- reporting to the ANU Sport Board and/or ANU Vice Chancellor; or
- reporting to police as appropriate.

ANU has made it clear that they will not hesitate to close facilities again if protocols are breached. We request that everyone maintains collective responsibility for managing risk and adhering to these guidelines so that our community can continue to take part in outdoor activity

Training and Competitive Game Rules

The following rules apply to all training and game sessions under level 3.2 restrictions:

- All training and games must be conducted outdoors;
- Outdoor training and games can be conducted in groups of no more than 500 people, including players, team and club officials);
- Adequate spacing for each player and staff (applying the 1.5 metre social distancing rule and 4m² per person);
- Players must turn up no earlier than 15 minutes prior to the start of training;
- If bibs are used, each player must have the bib for the whole session, and they must take the bib home and wash it before returning it;
- You can attend training only if you are participating - no spectators are allowed;

You cannot train if you:

- Feel unwell;
- Have any flu-like symptoms - players who show flu-like symptoms will be asked to leave the training facility directly;
- Have travelled internationally within the preceding 14 days;
- Have travelled to any interstate COVID-19 affected areas as listed on the COVID-19 ACT website at <https://www.covid19.act.gov.au/updates/covid-19-affected-areas>;
- Have been exposed to a person with COVID-19 in the preceding 14 days
- Have been tested for COVID-19 and have not yet received the results; or
- Are at a high risk of more serious illness from COVID-19, including the elderly and those with pre-existing medical health conditions.

Training Times

MON & WED	ARRIVAL TIME	START TIME	FINISH TIME
GROUP 1	5:45PM	6:00PM	7:20PM
GROUP 2	7:25PM	7:40PM	9:00PM

THUR	ARRIVAL TIME	START TIME	FINISH TIME
GROUP 1	7:45PM	8:00PM	9:30PM

FRI	ARRIVAL TIME	START TIME	FINISH TIME
SOCIAL	4:45PM	5:00PM	6:00PM

Training sessions will be held on Mondays, Wednesdays & Thursdays as indicated in the above table, at either South Oval, Fellows Oval, Willows Oval, Lyneham 2 Oval or O'Connor 2 Oval. Home matches will be held as determined by Capital Football at either South Oval, Willows Oval, Fellows Oval, Lyneham 2 Oval or Hawker Football Centre. Coaches must log attendance and submit it to the club's COVID-Safe Officer for every team activity.

Social Football will run Friday's during semester as indicated in the above table, at Fellows Oval. Attendees are required to submit their attendance using the CheckinCBR app at Fellows Oval.

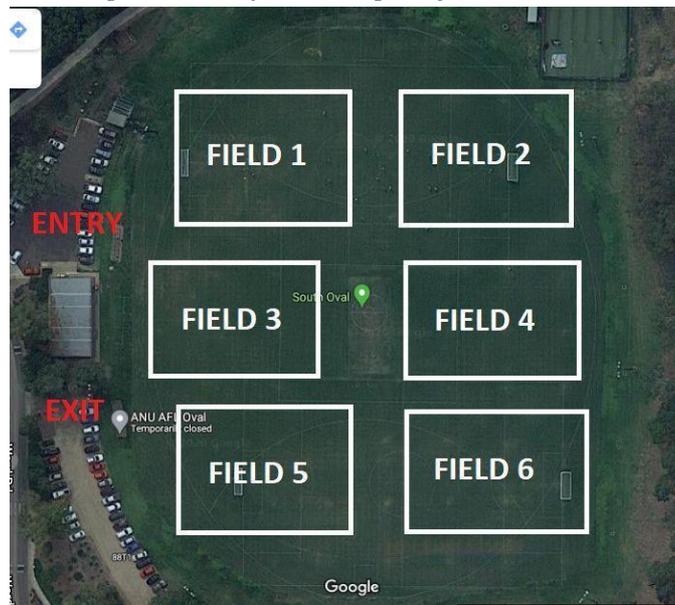
Training and Game Venues

- Each field identified in Figures 1-6 allows for one training group (100 people, including players, team and club officials).
- Participants will be assigned to a field for training and must proceed directly to that field upon arrival.
- Only participants (players, coaches and club officials) may attend training.
- Only one person can drop off and pick up a player from the venue if they are being driven to training.
- Players/coaches must not leave any items behind at training or game venues.
- Players and coaches are encouraged to leave the venue immediately after training and games.
- The change rooms at South Oval are not to be used before or after training unless it is to access the toilets or for first aid.

- The change rooms at Hawker Football Centre are not to be used before or after training unless it is for first aid.
- There are no toilet facilities available at Fellows Oval, Willows Oval, O'Connor 2 Oval or Lyneham 2 Oval.
- Change rooms at any ground are only to be used for toilets and first aid.
- There is no pedestrian access to the Hawker Football Centre fields from the east side of the facility (see figure 5).
- Entry and exit to football fields are indicated in Figures 1-6.

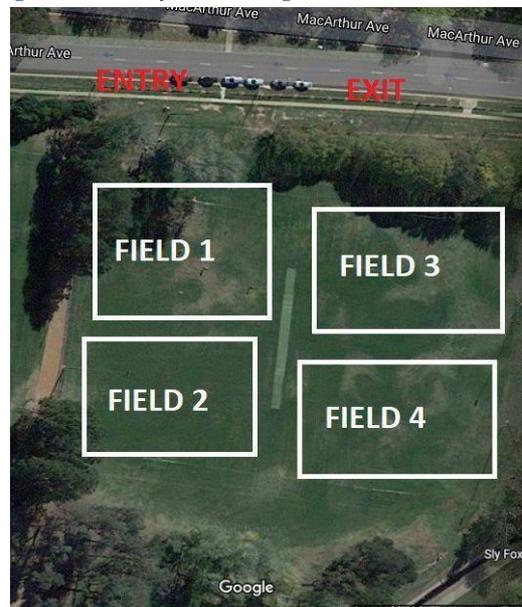
Accessing O'Connor 2 Oval

Figure 1: Entry/Exit Diagram for South Oval



Accessing O'Connor 2 Oval

Figure 2: Entry/Exit Diagram O'Connor 2 Oval



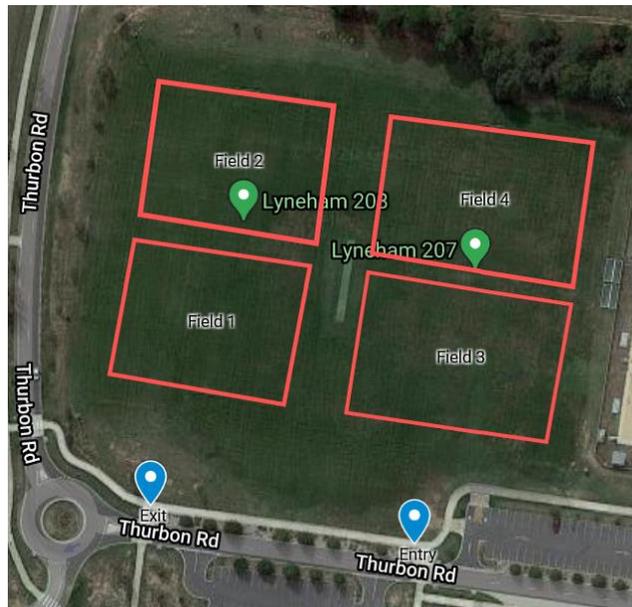
Accessing Willows Oval

Figure 3: Entry/Exit Diagram Willows Oval



Accessing Lyneham 2 Oval

Figure 4: Entry/Exit Diagram Lyneham 2 Oval



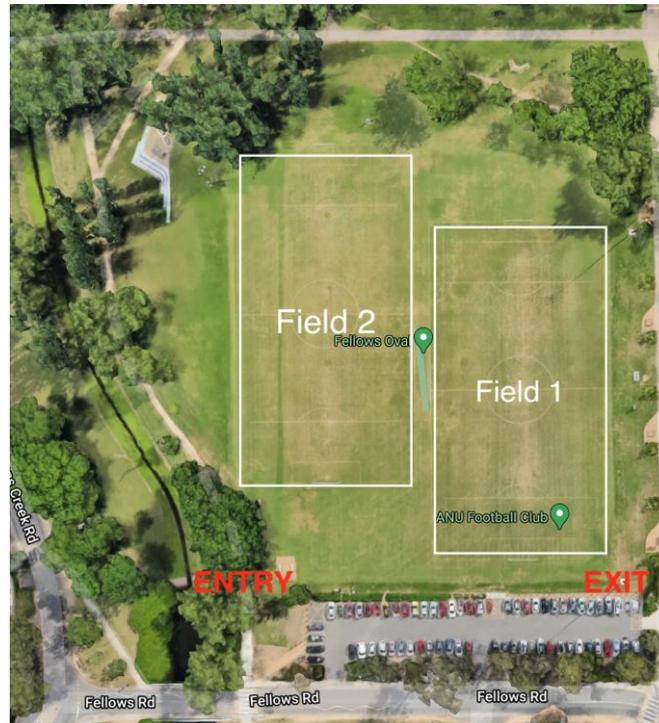
Accessing Hawker Football Centre

Figure 5: Entry/Exit Diagram Hawker Football Centre



Accessing Fellows Oval

Figure 6: Entry/Exit Diagram Fellows Oval



Hygiene Management

- All club members are encouraged to perform regular and thorough hand washing before and after training and competitions. Coaches will be provided with hand sanitizer for player use.
- Each team and club official must bring their own stationery to the training or competition venue; stationery must not be shared between individuals.
- Neither the club nor the coaches will provide drink bottles at training or games. You must not share drink bottles and you must ensure that any bottle you bring to training or games is clearly labelled.

Figure 4: Handwashing Guidance



Behaviour Management

- If you are unwell, you must not attend training or games;
- You must cover your mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze;
- If you use tissues, they must be placed directly in the bins provided;
- Do not touch your eyes, nose or mouth if your hands are not clean;
- No spitting at any time
- No handshakes, high-fives or body contact

Miscellaneous

- Where canteens are used,
 - operations will adhere to restrictions and protocols detailed in a COVID-19 Risk Assessment Plan and COVID-19 Safety Plan, both of which have been approved by ANU Functions on Campus;
 - appropriate physical distancing will be enforced through establishment of separate entry and exit lanes to canteen and socially distanced ground markers;
 - only contactless payments will be accepted;
 - hand sanitiser will be provided at point of sale;
 - canteen facilities and utensils will be regularly cleaned with disinfectant;
- Club meetings, including committee meetings and team meetings will continue to be held online. Non-essential social gatherings will be limited to end of season functions that adhere to all current ACT Government COVID-19 restrictions.
- Everyone is strongly encouraged to download the COVIDSafe App and the Check In CBR App as part of the ACT incident management plan.

Resources

- [Training Attendance Form](#)
- [Australian Government information and resources](#)
- [ACT Government COVID-19 information and resources](#)
- [AIS Framework for Rebooting Sport](#)
- [National Principles for the resumption of sport and recreation activity](#)
- [COVIDSafe App](#)